



2018 Dr. Martin Luther King, Jr. Art, Essay, & Multimedia Contest

Change can take place anywhere at any time. Change is one of the most important driving forces in this world. People make sacrifices to create positive changes in this world. Mahatma Gandhi and Dr. Martin Luther King, Jr. set the standard as prime examples of how through nonviolent acts of peaceful protest change can be made. Through their examples, people started to change which lead the world to change. They both accomplished this through making sacrifices, including risking their own safety, to accomplish their much-needed goals. I plan to do the same to help make this world a better place. Positive change can start with one simple smile to anyone. I believe that the three best personal qualities a person should possess to achieve any goal are to stay positive, good-hearted, and motivated. In order to change the world, one must change oneself for the better good.

I believe something known as the “Domino Effect”. This theory shows that one act leads to another which then proceeds to add up over time. This is very similar to a normal cause and effect situation. My plan is to use this theory, to change the world. My plan for starting change in the world is by doing a single act of a kindness whenever I can, wherever possible. In theory, this will lead to someone else doing good for someone else and so on to be leading towards the whole community being inspired to help one another out. Staying kind and generous, as well as staying positive, can lead to a simple gesture actually becoming something major. I plan to stay motivated, as well; it is important to be motivated. If one is not motivated to do a task then the task will not be finished.

Dr. Martin Luther King, Jr. used Gandhi as motivation to take a step forward and to become a leader and hope for the African-American people. I plan to start by making changes in individuals’ lives first. One person receiving the hope and care that everyone deserves no matter the past is essential to leading towards change in their lives. I plan to start sharing my story of how I got through hard times as an average teenager in a tough world. My hope is that I can be someone anyone can talk to about whatever issues they have. I plan to offer them advice like a counselor would. I plan to talk to larger groups of audiences through either social media or in person to speak about how any person anywhere can change the world through a simple smile to someone just having a tough day. I plan to make myself mentally stronger and wiser, as well as accepting and caring to help me achieve my goal. I will accomplish this even if people are not willing to help. When people will not accept help, I will respect their opinions and move on. I plan to be someone people can look up to, a fighter, a leader for everyone.

In conclusion, I believe that having a good heart, staying positive and being motivated can lead to change in the world. The “Domino Effect” is the plan I will use to change the world. Mahatma Gandhi and Dr. Martin Luther King, Jr. are my motivation to help make this world a better place. Due to their examples and teachings, I feel there is hope, for anybody, anywhere in our big world. I plan to change myself into a better person than what I already am. I will become mentally stronger and more open to people. I will embrace my weaknesses in order to become more caring and kind. I plan to start off small and work my way up, improving myself as well as improving the quality of life for those around me. I plan to be caring even when people do not appreciate my method of change. If they are very resistant to helping me make the world a better place, I will be resilient. I believe that change starts small, in oneself and then flourishes to something bigger. Change may not be easy, but with the power of the people who also care, I believe change for the better can take place. This is my plan to change the world.

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Be the Change

